



Rehabilitation

SERVICES

Elant has created an innovative approach to rehabilitation services. With emphasis placed on providing a variety of therapies, the rehabilitation services program serves adults of all ages who need therapy after hospitalization, trauma, illness or injury.

Elant's rehabilitation program is revolutionary and has an extensive array of services, providing the stepping stone you need to get back into your active, independent lifestyle once again.

Contact us today at 1.800.501.3936 to learn more about our rehabilitation programs or to arrange for a tour.

Rehabilitation

TEAM

The Elant rehabilitation team promotes independence and individuality in an intimate and welcoming atmosphere, where the staff truly gets to know each patient.

Therapists are highly trained and educated at leading rehabilitation training sites to provide innovative care using the most successful techniques. Their energy, enthusiasm and ability to encourage and motivate is truly appreciated by the patients.

A Mission OF CARING

Elant is a community-based, not-for-profit organization touching more than 3,000 people every day through our network of facilities, home care agencies and community services. For over 25 years, Elant has been a leading provider of health care and housing services and aims to provide exceptional health care and quality of life through innovative programs to those we serve in our communities. We provide a broad spectrum of services to meet the community's changing needs, and emphasize personalized service and respect for the whole person.

Services:

- Rehabilitation
- Skilled Nursing Care
- Assisted Living
- Retirement Community
- Adult Day Programs
- Home Health Care



Rehabilitation

PHYSICAL • OCCUPATIONAL • SPEECH



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Glen Arden • Elant Choice • Goshen • Meadow Hill
Fishkill • Wappingers Falls





Taking Steps Toward Independence

STRENGTHEN • RESTORE • RETURN

Whether the challenge is recovery from illness, injury or surgery, Elant offers a full spectrum of quality therapeutic services for adults 18 or older. Comprehensive rehabilitation programs are specifically designed to help you return to living an independent and active lifestyle as quickly as possible.

The rehabilitation continuum follows the steps of each patient's therapeutic needs and progress from hospital discharge through customized therapies provided at our inpatient rehabilitation care centers.

HEALTH CARE THERAPIES:

- Cardiac recovery
- Stroke recovery
- Orthopedic conditions
- Neurological conditions
- Sports injuries
- Language and speech disorders
- Wound care
- Pain management

Inpatient Rehabilitation

CARE CENTERS

Physical, occupational and speech therapies are provided in our inpatient rehabilitation care centers with each offering a temporary home-like setting. The skilled rehabilitation therapist team evaluates and treats patients using a variety of therapeutic techniques and equipment to strengthen and flex the body, re-teach the basic life skills and restore maximum independence.

Therapists are part of an interdisciplinary team consisting of a nursing staff, dietitians, social workers and activity leaders working closely with orthopedists, cardiologists, neurologists and other physicians. This multi-disciplinary approach has proven to be highly effective with many individuals returning back to their own homes with continued therapy from Elant's home care programs.

Rehabilitation

PHILOSOPHY

Elant's revolutionary approach to rehabilitation emphasizes leading therapies and top-notch clinical care. Our caring philosophy is to treat each individual with respect, dignity and kindness, while fostering a sense of self-worth and independence. Elant's inpatient rehabilitation care centers include a variety of services and amenities to assist our patients in their recovery and comfort.

SERVICES AND AMENITIES

- Flat screen televisions
- Daily newspaper delivery
- In-room phone service
- Internet access
- Nutritional counseling
- Unique menu options such as "Make Your Own Omelet" mornings
- Dedicated activity therapists
- Educational, social and recreational programs
- Professional discharge planning
- Extended weekend hours



"What I like most is the ability to make a change in a patient's life that enables them to return to their home and community having adopted skills to cope with physical changes and new lifestyle."

– Certified Occupational Therapy Assistant