



*"The staff treats everyone with respect and makes sure the residents are receiving quality care.*

*Everyone is extremely friendly, and you can see they truly enjoy caring for the residents. Prior to my mom moving to the Elant at Goshen Adult Home, I used to worry about whether she was taking her medications at the right times. Now, I no longer worry, as the staff provides medication assistance and the Elant Medical Practice physicians and nurse practitioners are there when my mother needs them. Both my mom's life and my life are easier."*

*Daughter of*

*Elant at Goshen Adult Home Resident*

## *A Mission* OF CARING

Elant is a community-based, not-for-profit organization touching more than 3,000 people every day through our network of facilities, home care agencies and community services. For over 25 years, Elant has been a leading provider of health care and housing services and aims to provide exceptional health care and quality of life through innovative programs to those we serve in our communities. We provide a broad spectrum of services to meet the community's changing needs, and emphasize personalized service and respect for the whole person.

### Services:

- Rehabilitation
- Skilled Nursing Care
- Assisted Living
- Retirement Community
- Adult Day Programs
- Home Health Care
- Managed Long Term Care Plan



### Corporate Office

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Goshen, NY 10924

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Glen Arden • Elant Choice • Goshen • Meadow Hill  
Fishkill • Wappingers Falls

## *Assisted Living*



Elant, the Hudson Valley's premier provider of health and housing solutions, has been serving the needs of seniors for more than 25 years. Located in Goshen, New York, Elant's Assisted Living Communities provide a safe and comfortable home for seniors who wish to maintain their independence, but need assistance with activities of daily living such as bathing, dressing, medication reminders and supervision due to cognitive impairments.

The Elant at Goshen Adult Home and the Glen Arden Enriched Housing Units provide a gracious, caring home where seniors enjoy security, friendship and a wide range of activities.

There is never a contractual obligation to stay with us longer than you need; Elant's Assisted Living Communities offer both extended stays and short-term stays to give caregivers a break to refresh and reenergize. Additionally, Elant will never turn away a potential resident due to personal financial limitations. We accept the following forms of payment:

- Private Pay
- Supplemental Security Income (SSI)
- We will also work with each potential resident to develop a negotiated, individual fee plan

Residents of Elant's Assisted Living Communities maintain the choice to receive health care from their current primary care physician or can choose to receive care through Elant. Physicians and nurse practitioners from the Elant Medical Practice maintain scheduled visits to see residents who require treatment and/or care for ongoing health issues.



## Elant at Goshen

### ADULT HOME

The Elant at Goshen Adult Home is a licensed 120-bed Assisted Living Community located on the same campus as the Elant at Goshen Skilled Nursing and Rehabilitation Center. Residents enjoy being part of a caring senior living community where trained, compassionate caregivers treat each resident as if they were a member of their own family. The staff fosters independent living while providing the extra helpful hand when needed. Residents enjoy a wide range of indoor and outdoor activities, including scheduled trips to community events and shopping.

#### SERVICES AND AMENITIES

- Private and semi-private rooms
- Assistance with activities of daily living
- Medication supervision
- Three meals per day in the dining room
- Weekly laundry and housekeeping service
- Social and recreational programs
- Transportation for shopping, outings and trips
- Cable television and Wi-Fi availability
- Outdoor courtyard and seasonal greenhouse
- N.Y.S. Department of Health waived dementia unit with WanderGuard® system
- N.Y.S. Department of Health approval to provide glucometer checks with insulin coverage

## Glen Arden

### ENRICHED HOUSING UNITS

A 28-bed community located within Glen Arden – Elant's Continuing Care Retirement Community, the Enriched Housing Unit program provides an intimate, comfortable atmosphere, where residents feel they are part of a caring family. Residents of Glen Arden's Enriched Housing Units also enjoy the social and recreational programs offered to residents of Glen Arden's Independent Living Units.

#### SERVICES AND AMENITIES

- Suite-style living including a private bedroom and bathroom
- Assistance with activities of daily living
- Medication supervision
- Three meals per day in the dining room
- Laundry service provided twice per week
- Housekeeping service
- Cable television
- Social and recreational programs
- Exercise programs three to four times per week
- Outdoor patio and courtyard, including walking paths and raised flower beds for seasonal gardening

Contact us today at 800.501.3936 to learn more about Elant's Assisted Living Communities or to schedule a tour.