



Innovative

PERSON CENTERED CARE

The first of its kind in the Hudson Valley region, the Elant Medical Practice consists of specialized physician and nurse practitioner teams dedicated to providing health care services to each of Elant's Orange and Dutchess county care centers.

Traditionally, nursing home residents are seen by attending, community-based physicians who also manage the daily challenge of caring for patients in the hospital and in their own offices. Most often, these attending physicians are only able to visit patients in nursing homes once per week or prescribe treatment via a telephone call with nursing staff.

The Elant Medical Practice is comprised of a team of dedicated, on-site clinicians who are full-time employees of Elant. Their sole focus is to provide quality care exclusively to Elant residents and patients – a unique health care model in long-term care and a distinct service of Elant unavailable at other area skilled nursing facilities.

Contact us today at 1.800.501.3936 to learn more about our programs or to arrange for a tour.

A Mission OF CARING

Elant is a community-based, not-for-profit organization touching more than 3,000 people every day through our network of facilities, home care agencies and community services. For over 25 years, Elant has been a leading provider of health care and housing services and aims to provide exceptional health care and quality of life through innovative programs to those we serve in our communities. We provide a broad spectrum of services to meet the community's changing needs, and emphasize personalized service and respect for the whole person.

Services:

- Rehabilitation
- Skilled Nursing Care
- Assisted Living
- Retirement Community
- Adult Day Programs
- Home Health Care



Corporate Office

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Our Team

The Elant Medical Practice team of physicians and nurse practitioners works side-by-side to provide individualized, person-centered care through a more intensified understanding of the residents' and patients' physical, medical, personal and emotional needs. The team spends a great deal of time with each resident and patient to truly get to know the individual -- not only their health care needs, but also who they are as a person. These provider-patient relationships provide a significant benefit, as the clinicians can easily identify any changes in the individual's health status, enabling the physician or nurse practitioner to start treatment early and potentially avoid an unnecessary visit to the hospital.

In addition to providing care to our residents and patients, each physician and nurse practitioner is available to family members to discuss treatment plans or answer questions. All members of the Elant Medical Practice are on-site five days a week. During evenings and weekends, the physicians rotate through an on-call system to cover emergencies.

The Elant Medical Practice has been very successful, as our team treats the patient or resident as a whole person and takes every aspect of the individual into consideration. As a result, we have seen a decline in the use of unnecessary medications, a reduction in hospitalizations and an increase in resident and family satisfaction. That's the Elant difference.

Medical Practice

LEADERSHIP

The Elant Medical Practice is led by Dr. Sukhdeep Kaur who holds the dual role of Vice President of Medical Affairs and Medical Director for Elant at Goshen and Glen Arden. Dr. Kaur is responsible for directing and coordinating care throughout the Elant system and manages the Elant Medical Practice team. She is a dedicated physician with extensive experience in a variety of areas including acute, sub-acute, rehabilitation and long-term care.

A graduate of Maulana Azad Medical College, New Delhi, India, Dr. Kaur completed her internal medicine residency at New York Medical College and is board certified. She has been chief resident and an attending physician at Westchester Medical Center, where she was responsible for patient care and education of medical residents and students.



“Sometimes when people are elderly and their memories begin to fail them, their earlier accomplishments are easily overlooked because of more pressing medical issues. Our medical team has the opportunity to get to know our patients over the course of several weeks or years. As a clinician, it is a wonderful experience to be able to get to know our patients on so many levels and to give them the care they need.”

-Dr. Sukhdeep Kaur

